

Swami Nirmalananda's Teaching Mantras

<i>OM svaroopā svasvabhavah namo namah</i>	I bow again and again to the inherent essence of beingness, within myself and within all existence.
OPENING MANTRAS	
<i>Om namah shivaaya gurave satchid-aananda-moortaye Nishprapanchaaya saantaaya niraalambaaya tejase</i>	OM. I bow to the Guru who is the indwelling <i>shiva</i> , whose form is being, consciousness and bliss, who is transcendent, calm, free from all support and luminous.
<i>Muktaanandaaya gurave shishya-samsaara-haarine bhakta-kaaryaika-dehaaya namaste chit-sad-aatmane</i>	I bow to the Guru Muktananda, who rescues his disciples from <i>samsara</i> , who assumed a body to meet the needs of his devotees, whose true form is the bliss of knowingness & beingness.
<i>Hetave jagataameva samsaaraanava-setave Prabhava sarva-vidyaanam shambhave gurave namah</i>	To the one who is the singular cause of the universe, who is the bridge by which all beings cross <i>samsara</i> , and who is the master of all knowledge, to the Guru, who is <i>shiva</i> , do I reverently bow (Guru Gita 33)
<i>Gururbrahmaa guruvishnur gururdevo maheshwara Gurusakshat parabrahma tasmai shree gurave namah</i>	Guru is the creative force (<i>brahma</i>) Guru is the sustaining force (<i>vishnu</i>) Guru is the destructive force (<i>shiva</i>) Guru is truly the supreme reality (<i>parabrahman</i>) I bow with heartfelt gratitude to my honored Guru.
CLOSING MANTRAS	
<i>om saha naavatu saha nau bhunaktu saha veeryam karava-vahai tejasvi naavad-heetam astu maa vid-vishaa-vahai om shaantih shaantih shaantihi</i>	Om. May we be protected together. May we enjoy the fruits of our actions together. May we achieve strength together. May our knowledge be full of light. May we never have enmity for one another. Om. Peace. Peace. Peace to all.