

# Ganeshpuri India

with Swami Nirmalananda

December 9 – 14, 2010

Come to Ganeshpuri with Swami Nirmalananda, for a small-group gathering in the home of her swami lineage. Experience the power of tapping into the source that she draws from. Share in Swamiji's love for her Guru and his home, and bask in the energy of this amazingly holy site.

This retreat is limited to 24-30 yogis, for an intimate and informal time together. The day begins with an optional early morning trip to Nityananda's samadhi shrine with Swamiji. Next comes a chant and meditation before chai and breakfast. The morning study group with Swamiji comes next, with afternoons open for the *spanda* (impulse) of the moment – which might be a nap, an outing or extra class time. Evenings end early with a sweet chant before bed.

All rooms are shared rooms (doubles or triples). Your room and meals are included in your registration, along with your airport transfers, yoga room rental and donations for the local temples. You are responsible for your own air travel to Mumbai and home again.

Swamiji's teaching is free. It is her intention to make all her teachings available at no charge, once the Ashram's financial structure is established. If you would like to make a donation to help build that foundation, your generosity would be very much appreciated. A suggested donation is noted below.

Our dates are timed to follow Master Yoga's Kerala retreat, and still get you back home in time for Christmas, overflowing with grace and joy like never before.

Prerequisite: Kerala retreat with Swamiji in 2009 or 2010.

Registration (including airport transfer, shared room, all meals, yoga room rental, temple donations)

\$450 per person, triple occupancy (6 rooms available – for 12 people)

\$525 per person, double occupancy (4 rooms available – for 12 people)

Suggested Donation for *Svaroopā*<sup>®</sup> Vidya Ashram: \$400 – \$1,000

Registration & Cancellation Policies: You are registered and your space is confirmed when you have paid in full. If you must cancel, you receive a full refund if you cancel by June 15, 2010. After June 15, if someone else takes your place, your refund is reduced by a \$75. cancellation fee. If you cancel after September 15, 2010, there is no refund.